



Be the best you can be

Christleton Primary School

Quarry Lane  
Christleton  
Chester  
CH3 7AY  
01244 455288

Friday 29<sup>th</sup> April 2022

Dear Parents / Carers

### Hydration

It is very easy to forget the importance of water for overall health and a well-balanced diet. Staying hydrated helps keep children alert and focussed, can keep their bodies at a safe and healthy temperature, and can improve cognitive functioning. School aged children should be drinking at least six to eight glasses of water each day.

Please can we ask that **each child is sent to school with a named water bottle** which will ensure they have access to water throughout the day. This is especially important as the weather improves and the children are becoming more and more active at break and lunch times.



### SATs assessments



During this half term the children in Year 6 and Year 2 complete their statutory assessments. The work we do in the classroom prepares the children for these assessments and encourages them to approach them in the right way.

In Year 6 the children will be assessed on their reading, mathematics, and grammar, punctuation and spelling. They will also be assessed on their writing but this is not restricted to the SATs week.

During the SATs week parents can support their children in several ways such as:

- Help them to wind down at the end of a day
- Keep to a good routine
- Encourage them to eat well, drink plenty of fluid, exercise and go to bed nice and early.



For parents with children in these classes we thank you for your support during the next few weeks.



**2<sup>nd</sup> May 2022**

Bank Holiday

**9<sup>th</sup> – 13<sup>th</sup> May 2022**

Year Six SATs week

**19<sup>th</sup> May 2022**

School census day

**19<sup>th</sup> May 2022**

PTA film night

**19<sup>th</sup> & 23<sup>rd</sup> May 2022**

Open morning at  
Christleton High (Yr.6)

**23<sup>rd</sup> – 26<sup>th</sup> May 2022**

Health week

**26<sup>th</sup> May 2022**

Jubilee lunch

**27<sup>th</sup> May 2022**

Inset Day – School closed

**6<sup>th</sup> June 2022**

Children return to school

**13<sup>th</sup> – 17<sup>th</sup> June 2022**

Assessment week

**20<sup>th</sup> – 22<sup>th</sup> June 2022**

Year 6 Conway Centre  
residential trip

**21<sup>st</sup> July 2022**

INSET day

**22<sup>nd</sup> July 2022**

INSET day



01244 455288



[www.christletonprimaryschool.co.uk](http://www.christletonprimaryschool.co.uk)



[admin@christletonprimary.cheshire.sch.uk](mailto:admin@christletonprimary.cheshire.sch.uk)



@christletonpri

## COVID update

As you will no doubt be aware, COVID guidelines changed over the half term break.

As a school we are continuing to manage our provision following guidance and also our own risk assessments.

Whilst it now has been acknowledged that children do get coronavirus it tends to be milder than adults and only last a few days.

The NHS has updated the symptoms displayed in children. They now read as follows:

- a high temperature or shivering (chills)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick.



As you will see many of these symptoms are very similar to other illnesses, such as colds and flu.

**We continue to ask parents to be vigilant. It remains the responsibility of parents to ensure that their child is well enough to attend each day. If your child is not well enough to attend then please contact the school office (01244 455288) as soon as possible to inform us.**

If your child has symptoms of COVID-19 the advice remains that they should stay at home and avoid contact with other people. They can return when they feel better or do not have a temperature.

## Health week

The week beginning the 23<sup>rd</sup> May will be our health week. During this week we would like all children to wear their PE kits for the duration of the week (remember the school breaks up on Thursday). The children will be focussing on physical and mental health during this week and complete their sports day and Race for Life. We are planning to allow parents to attend the sports days and will provide further details in the coming weeks to ensure that those who wish to attend are able to make arrangements.



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## PTA Film Night

As communicated this week the PTA are planning on holding a **film night on Thursday 19<sup>th</sup> May**. Further information will be provided by them in due course.



## Your School Lottery



The PTA has set up Your School Lottery. This fundraising initiative is popular with many schools and each ticket raised provides funds for the school. It is really easy to sign up, just click on the link below and search for the school. Any support you are able to offer would be very gratefully received.

Click: <https://www.yourschoollottery.co.uk/play>

Search for: Christleton Primary School Association

## Easy Fundraising

A reminder that you can continue to support the school through the Easy Fundraising site. Easyfundraising turns your everyday online shopping into free donations to the school.

To sign up please follow the link below.



<https://www.easyfundraising.org.uk/causes/cpsachester/>

Kind regards,

*Mr Mitchell*

## Recent Letters



Theme	Method	Recipients	Date
Storyhouse Amazing Concert letter	Email	Year 6	25.04.22

Please note, all newsletters can be found on the school website for easy access.

<https://www.christletonprimaryschool.co.uk/page/newsletters/105526>



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