



Be the best you can be

Christleton Primary School
Quarry Lane
Christleton
Chester
CH3 7AY
01244 455288

Thursday 20th January 2022

Dear Parents / Carers

As you would expect, we are constantly monitoring the number of confirmed cases of COVID-19 we have within our school setting at any one time so that we are aware at the earliest opportunity if the number of cases meets the threshold set by the Government. When the threshold is met, we are required to consider whether temporary, additional COVID -19 control measures are required.

The threshold set by the Government is:

- Five children, pupils, students or staff, who are likely to have mixed closely, test positive for COVID-19 within a 10-day period, OR
- 10% of children, pupils, students or staff who are likely to have mixed closely, test positive for COVID-19 within a 10-day period.

We are writing to all parents to inform you that in two year groups (Year 3 and Year 5) we have reached the threshold and additional measures have been put in place.

We know that you may find this concerning but it is recognised that education settings may meet the threshold from time to time and we are continuing to monitor the situation and work closely with the UK Health Security Agency and our local Outbreak Management Hub.

The fact that you are receiving this letter does not mean that your child is a contact of case. If your child has been identified as a contact of a confirmed case, you will have received a separate letter advising you of this or you should have been contacted by NHS Test and Trace.

For the Year 5 class, in which confirmed cases are highest, we have put additional measures in place. These measures, to limit transmission, include but are not limited to:

- Limiting staff movement between the class and other classes.
- Limiting the movement of the cohort within the school.
- Increased awareness of the parent community and requesting that daily LFD tests are carried out for a period of 7 days.
- Adapted curriculum – more outdoor learning
- Adapted break times – reducing contact with other children
- Adapted lunch time – children to eat in their classroom.



01244 455288



www.christletonprimaryschool.co.uk



admin@christletonprimary.cheshire.sch.uk



[@christletonpri](https://twitter.com/christletonpri)

All of these temporary, additional measures aim to reduce transmission of COVID-19 in school, and a review will be carried out next week to decide whether some or all of the additional measures can be removed or whether they should remain in place until the next review. Scheduled reviews are in addition to the daily monitoring of case numbers in the school. If any further measures are recommended, we will share the details with you as soon as possible.



A reminder of the rules and guidance as it stands

What to do if your child develops symptoms of COVID-19

The main symptoms of COVID-19 are the recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)



High
Temperature



New
Persistent
Cough



Loss of taste
OR smell



Get a **PCR**
test and
isolate

If your child develops any of these symptoms, then arrangements should be made for them to take a PCR test as soon as possible. Your child should remain at home while awaiting the PCR test result. Please note that we are also sending students home if we believe they have one or more symptoms requiring a PCR test.

Testing can be arranged by calling 119 or via the NHS website: www.nhs.uk/coronavirus

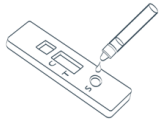
Please keep us informed of the result of the test.

What to do if your child is generally unwell

If your child is unwell with general symptoms such as a sore throat, runny nose, and/or headache/muscles aches, they should not attend school to avoid spreading infection within the school setting. We may send students home if we believe they present a risk of infection to other students. As previously communicated, we request that you consider administering a LFD test in these circumstances as the symptoms of the Omicron variant are hard to distinguish from a common cold.



What to do if your child is a close contact of someone who has COVID-19



If your child is a close contact of someone who has COVID-19 we would ask you to undertake daily LFD tests for your child (or children) for seven days since their last contact with the case. However, if your child/children have any of the three main COVID-19 symptoms listed above, they must self-isolate and get a PCR test as soon as possible.

Daily Testing of Household Contacts of a Positive Case (e.g. Siblings)

In addition to the above advice, you may also be aware that the Director of Public Health has recommended that if one individual in a household tests positive, any children and young people in that household who attend school or college should:

- Take a daily LFD test for **seven** consecutive days from the date the household contact first developed symptoms or tested positive (whichever is the sooner)
- Continue to attend school provided that their test results (PCR (if symptomatic) or LFD) are negative
- Self-isolate for 10 full days from the date of the positive test, which can be reduced to five full days if they have a negative LFD test on day five and on day six. If both tests are negative and they do not have a high temperature, they can end their self-isolation after their second negative test.



Re-testing within a 90 Day Period

The guidance relating to re-testing within a 90-day period has changed, and **pupils are now encouraged to take part in regular asymptomatic testing with LFD tests even if they have previously tested positive in the last 90 days**



If an individual is re-tested within 90 days of a previous positive PCR test, however, and the result of the test is positive, the individual must self-isolate again, and their household contacts must self-isolate, unless they are double-vaccinated or are under 18 years and six months. The guidance can be found at this link: [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/stay-at-home-guidance-for-households-with-possible-or-confirmed-coronavirus-covid-19-infection)

Changes to self-isolation period

For people living in England, guidance on self-isolation has recently changed allowing, in some circumstances, the period of self-isolation to be **reduced to five full days**. Individuals can take **Lateral Flow tests on day five and day six of their self-isolation period, and if both test results are negative and they do not have a high temperature, they may end their self-isolation after their second negative lateral flow test. Please note the tests need to be 24 hours apart.**



Individuals living in Wales should continue to follow the guidance to take Lateral Flow tests on day six and seven of their self-isolation period, with release from isolation on day eight, as per the current Welsh guidelines.

Confirmatory PCR test changes

In England, individuals who **test positive for COVID-19 by Lateral Flow test will be required to self-isolate immediately and will no longer require a confirmatory PCR test.**

PCR tests will still be required for people who develop one of the three main symptoms, and they should self-isolate while awaiting results.

Thank you for your continued support and please rest assured that we will continue to monitor the situation carefully and to be guided by the advice of our Local Public Health Team.

Kind regards,

Mr Mitchell



01244 455288



www.christletonprimaryschool.co.uk



admin@christletonprimary.cheshire.sch.uk



[@christletonpri](https://twitter.com/christletonpri)