

Christleton Primary School

Be the best you can be

Assessment Criteria

Progression

	EYFS	YR 1	YR 2	YR 3	YR 4	YR 5	YR 6
ATHLETICS	I can make independent choices.	I am able to throw towards a target.	I can describe how my body feels during exercise.	I am developing jumping for distance.	I can demonstrate the difference in sprinting and jogging techniques.	I can choose the best pace for a running event.	I can compete within the rules showing fair play and honesty.
Role models Usain Bolt	I can negotiate space safely with consideration for myself and others.	I am beginning to show balance and co-ordination when changing direction.	l can identify good technique. I can jump and land with control.	l can identify when I was successful. I can take part in a relay	I can explain what happens in my body when I warm up.	I can identify good athletic performance and explain why it is good.	I can help others to improve their technique using key teaching points.
	I follow instructions involving several ideas or actions.	I am developing overarm throwing. I can recognise changes in my	I can use an overarm throw to help me to throw for distance.	activity, remembering when to run and what to do.	I can identify when I was successful and what I need to do to improve.	I can perform a range of jumps showing some technique. I can show control at take-off	I can identify my own and others' strengths and areas for development and can suggest ways to improve.
Mo Farah Jessica Ennis	turns with others. I understand the rules and can explain why it is important to follow them. I use movement skills with developing balance and co- ordination. (Introduction to PE)	body when I do exercise. I can run at different speeds. I can work with others and make safe choices. I try my best. I understand the difference between a jump, a leap and a hop and can choose which allows me to jump the furthest.	I can work with others, taking turns and sharing ideas. I show balance and co- ordination when running at different speeds. I try my best.	changing my action for accuracy and distance. I can use different take off and landings when jumping. I can use key points to help me to improve my sprinting technique. I can work with a partner and in a small group, sharing ideas. I show determination to achieve my personal best.	I can jump for distance with balance and control. I can throw with some accuracy and power to a target area. I show determination to improve my personal best. I support and encourage others to work to their best.	and landing in jumping activities. I can take on the role of coach, official and timer when working in a group. I can use feedback to improve my sprinting technique. I persevere to achieve my personal best. I show accuracy and power when throwing for distance	I can perform jumps for distance using good technique. I can select and apply the best pace for a running event. I can show accuracy and good technique when throwing for distance. I understand that there are different areas of fitness and how this helps me in different activities. I use different strategies to persevere to achieve my personal best.
Key Skills	Physical: run, jump, throw, catch, roll, skip Social: work safely, co- operation, support others, communication Emotional: honesty, confidence, perseverance, determination Thinking: comprehension, make decisions, creativity	Physical: run, balance, agility, co-ordination, hop, jump, leap, throw Social: work safely, collaboration Emotional: perseverance, independence, honesty, determination Thinking: reflection, comprehension, select and apply skills	Physical: run, jump for distance, jump for height, throw for distance, throw for accuracy Social: communication, work safely, support others Emotional: determination, independence Thinking: comprehension, observe and provide feedback, explore ideas, select and apply skills	Physical: sprint, jump for distance, push throw, pull throw Social: collaborate, work safely Emotional: determination, perseverance Thinking: observe and provide feedback, comprehension, explore technique	Physical: pace, sprint, jump for distance, throw for distance Social: collaboration, leadership Emotional: perseverance, determination, honesty, Thinking: reflection, observing and providing feedback, exploring ideas, comprehension	Physical: pace, sprint, relay changeovers, jump for distance, push throw, pull throw Social: collaboration, negotiation, communication, supporting others Emotional: perseverance, confidence, concentration, determination Thinking: observing and providing feedback, selecting and applying, comprehension	Physical: pace, sprint, jump for distance, push throw, fling throw Social: negotiating, collaborating, respect Emotional: empathy, perseverance, determination Thinking: observing and providing feedback, comprehension

National Curriculum Links	MATHS	ENGLISH	NUMERACY	ENGLISH	MATHS	ENGLISH	SCIENCE
National Curriculum Links	Counting	Learning of key vocabulary:	Counting	Learning of key vocabulary: see	Timing partner in events	Learning of key vocabulary:	Understanding the effect
	Create shapes	see 'Knowledge Organiser' and	Estimating distances	'Knowledge Organiser' and	Measuring distances with	see 'Knowledge Organiser' and	exercise has on the body
	Use of direction	'Vocabulary Pyramid'	Measuring how far they throw	'Vocabulary Pyramid'	cones	'Vocabulary Pyramid'	Understanding how the body
		Communicating ideas with a	, ,	Communicating ideas	Estimating speeds to match	Communicating ideas	reacts to different exercises
	COMMUNICATION AND	partner	SCIENCE	Reading task cards	their partner's pace	Reading and communicating	Exploring transferring weight
	LANGUAGE		Understanding the effect	Ū.		coaching cards	to create power in throws
	Learning of key vocabulary:	NUMERACY	exercise has on the body	MATHS	SCIENCE	Structuring feedback for peers	
	see 'Knowledge Organiser' and	Counting	Understanding how the body	Timing partner in events	Understanding the effect		MATHS
	'Vocabulary Pyramid'	Estimating distances	reacts to different exercises	Measuring distances with	exercise has on the body	MATHS	Making 90° angles at the
	Contribute to class discussion	Measuring how far they throw	Understanding which part of	cones	Understanding how the body	Making 90° angles at the	elbow in sprinting
	Answer questions to clarify		the body is used in jumping for	Estimating speeds to match	reacts to different exercises	elbow in sprinting	Timing peers with a stopwatch
	learning	SCIENCE	height	their partner's pace	Estimating distances	Timing peers with a stopwatch	Calculating distances and
		Understanding the effect	Exploring stance to increase		Exploring the impact of	Measuring distance jumped	dividing metres between their
	PERSONAL, SOCIAL AND	exercise has on the body	power in their throw	SCIENCE	strength and speed on distance	and thrown with measuring	group
	EMOTIONAL DEVELOPMENT	Understanding how the body		Understanding the effect	produced	tapes and cones	
	Work with a partner and small	reacts to different exercises	ENGLISH	exercise has on the body	Exploring transferring weight		ENGLISH
	group	Understanding which part of	Learning of key vocabulary:	Understanding how the body	to create power	SCIENCE	Learning of key vocabulary:
	Take turns and share	the body is used in jumping for	see 'Knowledge Organiser' and	reacts to different exercises		Understanding the effect	see 'Knowledge Organiser' and
	equipment	height	'Vocabulary Pyramid'	Estimating distances	ENGLISH	exercise has on the body	'Vocabulary Pyramid'
	Listen to and follow	Exploring stance to increase	Communicating ideas with a	Exploring the impact of	Learning of key vocabulary: see	Understanding how the body	Communicating ideas
	instructions	power in their throw	partner	strength and speed on distance	'Knowledge Organiser' and	reacts to different exercises	Reading and communicating
				produced	'Vocabulary Pyramid'	Exploring transferring weight	coaching cards
	UNDERSTANDING THE WORLD			Exploring transferring weight	Communicating ideas	to create power in throws	Structuring feedback for peers
	Learn about different groups			to create power	Reading task cards		
	of people						
	Explore themes on everyday						
	life						
	EXPRESSIVE ARTS AND DESIGN						
	Share ideas through						
	movement				1		

	EYFS	YR 1	YR <sub>2</sub>	YR 3	YR 4	YR <sub>5</sub>	YR 6
<b>G</b> YMNASTICS	I can negotiate space safely with consideration for myself and others.	I am confident to perform in front of others.	I am beginning to provide feedback using key words.	I can adapt sequences to suit different types of apparatus.	I can explain what happens to my body when	I can create and perform sequences using apparatus, individually and with a partner.	I can combine and perform gymnastic actions, shapes and balances with control and
Role models Beth Tweddle	I can confidently and safely use a range of large and small apparatus. I can combine movements, selecting actions in response to the task and apparatus. I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.	I can link simple actions together to create a sequence. I can make my body tense, relaxed, stretched and curled. I can recognise changes in my body when I do exercise. I can remember and repeat actions and shapes. I can say what I liked about someone else's performance.	I am proud of my work and confident to perform in front of others. I can perform the basic gymnastic actions with some control and balance. I can plan and repeat simple sequences of actions. I can use directions and levels to make my work look interesting.	I can choose actions that flow well into one another. I can complete actions with increasing balance and control. I can provide feedback using key words. I can use matching and contrasting actions in a partner sequence. I use a greater number of my	I exercise and how this helps to make me healthy. I can plan and perform sequences with a partner that include a change of level and shape. I can provide feedback using appropriate language relating to the lesson. I can safely perform balances individually and with a partner.	I can lead a partner through short warm-up routines. I can use canon and synchronisation, and matching and mirroring when performing with a partner and a group and say how it affects the performance. I can use feedback provided to improve my work.	fluency. I can create and perform sequences using compositional devices to improve the quality. I can lead a small group through a short warm-up routine. I can use appropriate language to evaluate and refine my own and others' work.
	I follow instructions involving several ideas or actions. I work co-operatively with others and take turns. I am confident to try new challenges.	I can use apparatus safely and wait for my turn.	I can use shapes when performing other skills. I can work safely with others and apparatus.	own ideas for movements in response to a task. With help, I can recognise how performances could be improved.	I can watch, describe and suggest possible improvements to others' performances and my own. I understand how body tension can improve the control and quality of my movements.	I can use set criteria to make simple judgments about performances and suggest ways they could be improved. I can use strength and flexibility to improve the quality of a performance. I can work safely when learning a new skill to keep myself and others safe.	I can work collaboratively with others to create a sequence. I understand how to work safely when learning a new skill. I understand what counter balance and counter tension is and can show examples with a partner.
Key Skills	Physical: shapes, balances, jumps, rock and roll, barrel roll, straight roll, progressions of a forward roll, travelling Social: work safely, collaboration, share and take turns, support others Emotional: determination, confidence Thinking: comprehension, creativity, select and apply	Physical: travelling actions, shapes, balances, shape jumps, barrel roll, straight roll, forward roll Social: respect, collaboration, sharing, work safely Emotional: confidence, self- regulation, perseverance Thinking: comprehension, select and apply action, creativity	Physical: shapes, balances, travelling actions, shape jumps, barrel roll, straight roll, forward roll Social: leadership, work safely, respect Emotional: confidence, independence Thinking: select and apply actions, creativity	Physical: point and patch balances, jumps, straight roll, barrel roll, forward roll Social: work safely, collaboration, supportive Emotional: perseverance, confidence, independence Thinking: observe and provide feedback, creativity, select and apply skills	Physical: individual and partner balances, rotation jumps, straight roll, barrel roll, forward roll, straddle roll, bridge, shoulder stand Social: work safely, determination, collaboration, communication, respect Emotional: confidence, perseverance Thinking: observe and provide feedback, select and apply actions, creativity, evaluate and improve	Physical: symmetrical and asymmetrical balances, rotation jumps, straight roll, forward roll, straddle roll, backward roll, cartwheel, bridge, shoulder stand Social: work safely, support others, collaboration Emotional: confidence, perseverance, resilience, determination Thinking: observe and provide feedback, creativity, reflection, select and apply actions, evaluate and improve sequences	Physical: straddle roll, forward roll, backward roll, counter balance, counter tension, bridge, shoulder stand, handstand, cartwheel, flight Social: work safely, collaboration, communication, respect Emotional: independence, confidence, determination Thinking: observe and provide feedback, comprehension, select and apply actions, evaluate and improve sequences

National Curriculum Links	LITERACY	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH
National Curriculum LINKS	Create actions for words	Learning of key vocabulary:	Learning of key vocabulary:	Learning of key vocabulary: see	Learning of key vocabulary: see	Learning of key vocabulary:	Learning of key vocabulary:
	Use and understand stories	see 'Knowledge Organiser' and	see 'Knowledge Organiser' and	'Knowledge Organiser' and	'Knowledge Organiser' and	see 'Knowledge Organiser' and	see 'Knowledge Organiser' and
	obe and anderstand stories	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'
	MATHS	Listening, understanding and	Listening, understanding and	Understand and follow	Understand and safely follow	Understand and safely follow	Understand and safely follow
	Counting	following instructions	following instructions	instructions	instructions	instructions	instructions
	Use of direction	Communicating ideas	Communicating ideas	Structuring and providing	Structuring and providing	Structuring and providing	Structuring and providing
	Create shapes	Providing feedback on others	Providing feedback on others	feedback to others	feedback to others	feedback to others	feedback to others
		performances	performances			Reading and understanding	Reading and understanding
	COMMUNICATION AND	Creating letters with their	Describing shapes		MATHS	resource cards	resource cards
	LANGUAGE	body to spell words	5	MATHS	Learning degrees of rotation		
	Learning of key vocabulary:	Describing shapes	MATHS	Creating symmetrical shapes	Creating an understanding of	MATHS	MATHS
	see 'Knowledge Organiser' and		Counting the number of	Creating matching and	inversion	Learning degrees of rotation	Creating an understanding of
	'Vocabulary Pyramid'	MATHS	actions to include	contrasting shapes		through jumps	inversion through shoulder
	Contribute to class discussion	Counting the number of	Counting number of actions to			Creating an understanding of	stands, bridges, cartwheels
	Answer questions to clarify	actions to include	include in the aerobic warm up			inversion through shoulder	and headstands
	learning	Holding balances for 5 seconds	and counting to 10 seconds			stands, bridges and cartwheels	Mirroring and matching
		Creating shapes with their	Holding balances for 5 seconds			Mirroring and matching	movements
	PERSONAL, SOCIAL AND	body	Creating shapes with their			movements	Creating symmetrical and
	EMOTIONAL DEVELOPMENT		body			Creating symmetrical and	asymmetrical shapes
	Work with a partner and group	SCIENCE				asymmetrical shapes	
	Listen to and follow	Exploring how to jump and	SCIENCE				SCIENCE
	instructions	land safely	Exploring animals and how				Developing an understanding
			they move				of momentum and how it
	UNDERSTANDING THE WORLD		Learning how to tense their				helps to build force and enable
	Use of stories to understand		muscles to stay balanced				rolls
	different people and						Learning the names of muscles
	environments						in body tension exercises
	EXPRESSIVE ARTS AND DESIGN						
	Share ideas through					1	
	movement						

	EYFS	YR 1	YR 2	YR 3	YR 4	YR 5	YR 6
Dance Role models Shirley Ballas Diversity	<ul> <li>I can negotiate space safely with consideration for myself and others.</li> <li>I am confident to try new challenges and perform in front of others.</li> <li>I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.</li> <li>I follow instructions involving several ideas or actions.</li> <li>I can combine movements, selecting actions in response to the task.</li> <li>I show respect towards others when providing feedback.</li> </ul>	<ul> <li>I am beginning to use counts.</li> <li>I can copy, remember and repeat actions.</li> <li>I can move confidently and safely.</li> <li>I can use different parts of the body in isolation and together.</li> <li>I can work with others to share ideas and select actions.</li> <li>I choose appropriate movements for different dance ideas.</li> <li>I say what I liked about someone else's performance.</li> <li>I show some sense of dynamic and expressive qualities in my dance.</li> </ul>	I am beginning to provide feedback using key words. I can copy, remember, repeat and create dance phrases. I can describe how my body feels during exercise. I can show a character and idea through the actions and dynamics I choose. I can use counts to stay in time with the music. I can work with a partner using mirroring and unison in our actions. I show confidence to perform.	I am respectful of others when watching them perform. I can provide feedback using key words. I can repeat, remember and perform a dance phrase. I can use counts to keep in time with a partner and group. I can use dynamic and expressive qualities in relation to an idea. I can work with a partner and in a small group, sharing ideas. I create short dance phrases that communicate the idea.	<ul> <li>I can choose actions and dynamics to convey a character or idea.</li> <li>I can copy and remember set choreography.</li> <li>I can provide feedback using appropriate language relating to the lesson.</li> <li>I can respond imaginatively to a range of stimuli relating to character and narrative.</li> <li>I can use changes in timing and spacing to develop a dance.</li> <li>I can use counts to keep in time with others and the music.</li> <li>I can use simple movement patterns to structure dance phrases on my own, with a partner and in a group.</li> <li>I show respect for others when working as a group and watching others perform.</li> </ul>	I can accurately copy and repeat set choreography. I can choreograph phrases individually and with others considering actions and dynamics. I can confidently perform different styles of dance, clearly and fluently, showing a good sense of timing. I can lead a group through short warm-up routines. I can refine the way I use actions, dynamics, relationships and space in my dance in response to a stimulus. I can suggest ways to improve my own and other people's work using key terminology. I can use counts when choreographing to stay in time with others and the music.	I can choreograph a dance and work safely using a prop. I can lead a small group through a short warm-up routine. I can perform dances confidently and fluently with accuracy and good timing. I can refine the way I use actions, dynamics and relationships to represent ideas, emotions, feelings and characters. I can use appropriate language to evaluate and refine my own and others' work. I can use feedback provided to improve the quality of my work. I can work creatively and imaginatively on my own, with a partner and in a group to choreograph and structure dances.
Key Skills	Physical: actions, dynamics, space Social: work safely, respect, collaboration Emotional: confidence, independence Thinking: comprehension, provide feedback, select and apply actions, creativity	Physical: actions, dynamics, space, relationships Social: respect, work safely, collaboration, communication Emotional: empathy, confidence, acceptance, determination, kindness Thinking: creativity, select and apply actions, copy and repeat actions, provide feedback, recall	Physical: actions, dynamics, space, relationships Social: respect, collaboration, work safely, communication Emotional: independence, confidence, perseverance, determination Thinking: provide feedback, comprehension, reflection, observation, creativity	Physical: actions, dynamics, space, relationships Social: share ideas, respect, collaboration, inclusion, leadership, work safely Emotional: confidence, acceptance, sensitivity, perseverance Thinking: select and apply actions, creativity, observe and provide feedback	Physical: actions, dynamics, space, relationships Social: co-operation, communication, inclusion, collaboration Emotional: confidence, empathy, determination Thinking: observe and provide feedback, select and apply skills, creativity, comprehension	I can use feedback provided to improve my work. Physical: actions, dynamics, space, relationships Social: collaboration, consideration and awareness of others, inclusion, respect, leadership Emotional: empathy, confidence, perseverance Thinking: creativity, observe and provide feedback, use feedback to improve, comprehension, select and apply skills	Physical: actions, dynamics, space, relationships Social: share ideas, collaboration, support, communication, inclusion, respect, leadership Emotional: confidence, self- regulation, perseverance, determination, integrity, empathy Thinking: creativity, observation, provide feedback, comprehension, use feedback to improve, select and apply skills

National Comissions Links	MATHS	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH
National Curriculum Links			Learning of key vocabulary:			Learning of key vocabulary:	Learning of key vocabulary:
	Counting Use of directions	Learning of key vocabulary:	0, ,	Learning of key vocabulary: see	Learning of key vocabulary: see		0 , ,
		see 'Knowledge Organiser' and	see 'Knowledge Organiser' and	'Knowledge Organiser' and	'Knowledge Organiser' and	see 'Knowledge Organiser' and	see 'Knowledge Organiser' and
	Creating shapes	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'	'Vocabulary Pyramid'
		Listening and following	Listening and following	Understand and follow	Understand and follow	Understand and follow	Understand and follow
	COMMUNICATION AND	instructions	instructions	instructions, linking actions to	instructions	instructions	instructions
	LANGUAGE	Expressing ideas	Expressing ideas through	counts	Communication with a partner	Communication with a partner	Communication with a partner
	Learning of key vocabulary:	Communicating with others	movement	Communication with a partner	and group to express an idea	and group to express an idea	and group to express an idea
	see 'Knowledge Organiser' and		Communicating with a partner	and group		Forming opinions and	Forming opinions and
	'Vocabulary Pyramid'	MATHS		Communicating and exploring	MATHS	structuring verbal feedback	structuring verbal feedback
	Answer questions to clarify	Using counts to stay in time	MATHS	ideas to create a dance phrase	Counting to stay in time with		
	learning	with music and a partner	Using counts to stay in time		music and a group	MATHS	MATHS
	Contribute to class discussion	Use of numbers	with music and a partner	MATHS	Using distances to create	Counting to stay in time with	Counting to stay in time with
			Use of numbers	Counting to stay in time with	accurate formations	music and a group	music and a group
	PERSONAL, SOCIAL AND	SCIENCE		music and a group		Using distances to create	Using distances to create
	EMOTIONAL DEVELOPMENT	Discussing how trees and	SCIENCE	Using distances to create	MUSIC	accurate formations	accurate formations
	Work with a partner and small	leaves move	Discussing animals, trees,	accurate formations	Exploring rhythm		
	group		weather and rivers of the		Counting music to create	MUSIC	MUSIC
	Listen to and follow		rainforest	MUSIC	movement	Expressing an understanding	Expressing an understanding
	instructions		Discussing how a mirror image	Exploring rhythm		of rhythm through movement	of rhythm through movement
			works	Counting music to create	SCIENCE	Counting music to create	Counting music to create
	UNDERSTANDING THE WORLD			movement	Exploring states of matter and	movement	movement
	Make observations different				expressing an understanding		
	groups of animals, their				through movement		
	actions and habitats						
	EXPRESSIVE ARTS AND DESIGN	1				1	
	Share ideas through						
	movement						
	movement						

	EYFS	YR 1	YR 2	YR 3	YR 4	YR 5	YR 6
RACQUET SPORTS	I can make independent choices.	I can hit a ball using a racket. I can throw a ball to land over	I can defend space on my court using the ready position.	I am learning the rules of the game and I am beginning to use them to play fairly.	I can communicate with my teammates to apply simple tactics.	I am developing a wider range of skills and I am beginning to use these under some	I can select the appropriate action for the situation and make this decision quickly.
Role models	I can negotiate space safely with consideration for myself and others. I persevere when trying new	the net and into the court area. I can track balls and other equipment sent to me.	I can describe how my body feels during exercise. I can hit a ball over the net and into the court area.	l can provide feedback using key words. I can return a ball to a partner.	I can explain what happens to my body when I exercise and how this helps to make me healthy.	pressure. I can identify how different activities can benefit my physical health.	I can use a wider range of skills with increasing control under pressure.
Katie Boulter	challenges. I play ball games with consideration of the rules. I play co-operatively and take	I can use a ready position to move to the ball. I know how to score points. I recognise changes in my body	I can throw accurately to a partner. I can use simple tactics to make it difficult for an opponent.	I can use basic racket skills. I understand the aim of the game.	I can provide feedback using key terminology and understand what I need to do to improve.	I can identify when I was successful and what I need to do to improve. I can use feedback provided to	I can use feedback provided to improve the quality of my work. I can use the rules of the game consistently to play honestly
Cameron Norrie	turns with others. I use ball skills with developing competence and accuracy.	when I do exercise. I show honesty and fair play when playing against an opponent.	I know how to score points and can remember the score. I show good sportsmanship when playing against an opponent.	I understand the benefits of exercise. I work cooperatively with my group to self-manage games.	I can return to the ready position to defend my own court. I can sometimes play a continuous game. I can use a range of basic	improve my work. I can work cooperatively with others to manage our game. I understand the need for tactics and can identify when to use them in different	and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration
	(Ball Skills Unit)	(Net and Wall Games)	(Net and Wall Games)	(Tennis)	racket skills. I share ideas and work with others to manage our game. I understand the rules of the game and I can use them often and honestly.	situations. I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to apply this.	with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve. I understand that there are different areas of fitness and how this helps me in different activities.
Key Skills	Physical: roll, stop a rolling ball, throw, bounce, catch, dribble with feet, kick Social: work safely, collaboration, co-operation, support others Emotional: perseverance, independence, honesty Thinking: use tactics, comprehension	Physical: throw, catch, hit a ball, track a ball Social: support others, work safely, communication, co- operation Emotional: perseverance, independence, determination Thinking: comprehension, select and apply, reflection, identify areas of strength and areas for development, decision making	Physical: throw, catch, hit, track Social: co-operation, respect, support others Emotional: perseverance, honesty Thinking: select and apply, reflection, decision making, comprehension	Physical: forehand, backhand, throwing, catching, rallying Social: co-operation, collaboration, respect, support and encourage others Emotional: honesty, perseverance Thinking: comprehension, decision making, select and apply, understand rules, use tactics, reflection	(Tennis) Physical: throwing, catching, forehand, backhand, rallying Social: co-operation, support and encourage others, collaboration, respect Emotional: perseverance, honesty, determination Thinking: identifying strengths and areas for improvement, reflection, select and apply, comprehension, use tactics	(Tennis) Physical: forehand groundstroke, backhand groundstroke, forehand volley, backhand volley, underarm serve, rallying Social: encourage and support others, co-operation, collaboration, communication Emotional: perseverance, honesty Thinking: observe and provide feedback, reflection, comprehension, select and	(Tennis) Physical: forehand groundstroke, backhand groundstroke, forehand volley, backhand volley, underarm serve, rallying Social: support and encourage others, co-operation, collaboration, respect Emotional: honesty, perseverance Thinking: comprehension, observe and provide feedback, select and apply, use tactics,
						apply, decision making, use of tactics	reflection, identifying areas of strength and areas for development

National Curriculum Links	MATHS	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH
	Counting	Learning of key vocabulary: see					
	Use of direction	'Knowledge Organiser' and					
	Recognise speed	'Vocabulary Pyramid'					
	0 1	Listening to and following	Listening and following	Understand and follow	Understand and follow	Understand and follow	Understand and follow
	COMMUNICATION AND	instructions	instructions	instructions	instructions	instructions	instructions
	LANGUAGE	Communication skills					
	Learning of key vocabulary: see						
	'Knowledge Organiser' and	MATHS	MATHS	MATHS	MATHS	MATHS	MATHS
	'Vocabulary Pyramid'	Counting	Counting	Counting	Addition	Estimating distances	Estimating distances
	Contribute to class discussion	Estimating distances	Estimating distances	Estimating distances	Estimating distances		Use of angles
	Answer questions to clarify						
	learning						
	UNDERSTANDING THE WORLD						
	Learn about different						
	minibeasts, their actions and						
	habitats						
	PERSONAL, SOCIAL AND						
	EMOTIONAL DEVELOPMENT						
	Work with a partner and small						
	group Listen to and follow						
	instructions						
	instructions						
	EXPRESSIVE ARTS AND DESIGN					1	
	Share ideas through						
	movement					1	
	movement						

	EYFS	YR 1	YR 2	YR 3	YR.4	YR S	YR 6
STRIKING AND	I can negotiate space safely with consideration for myself and others.	I can catch a beanbag and a medium-sized ball.	I am beginning to provide feedback using key words.	I am able to bowl a ball towards a target.	I am able to bowl a ball with some accuracy and consistency.	I am developing a wider range of fielding skills and I am beginning to use these under	I can select the appropriate action for the situation.
FIELDING	I follow instructions involving several ideas or actions.	I can roll a ball towards a target.	I am developing underarm and overarm throwing skills.	I am beginning to strike a bowled ball after a bounce.	I am learning the rules of the game and I am beginning to	some pressure. I can identify when I was	I can strike a bowled ball with increasing consistency and accuracy.
Role models	I persevere when trying new	I can hit a ball using my hand.	I can hit a ball using equipment with some consistency.	I am developing an understanding of tactics and I	use them to play honestly and fairly.	successful and what I need to do to improve.	I can use a wider range of
Sophie Ecclestone	challenges.	I can track a ball that is coming towards me.	I can track a ball and collect it.	am beginning to use them in game situations.	I can communicate with my	I can strike a bowled ball with	fielding skills with increasing control under pressure.
ی پی پی	I play ball games with consideration of the rules.	I know how to score points.	I can use simple tactics.	I am learning the rules of the game and I am beginning to use	teammates to apply simple tactics.	increasing consistency.	I can use the rules of the game consistently to play fairly.
Ben Stokes	I play co-operatively and take turns with others.	I understand the rules and I am beginning to use these to play	I know how to score points and can remember the score.	them honestly.	I can persevere when learning a new skill.	others to manage our game.	I can work in collaboration
8	I use ball skills with developing competence and accuracy.	honestly and fairly. I understand when I am	I understand the rules of the game and can use these to play	I can persevere when learning a new skill.	l can provide feedback using key terminology and	I understand the need for tactics and can identify when to use them in different	with others so that games run smoothly.
. <u></u> 5		successful.	fairly in a small group.	I can provide feedback using key words.	understand what I need to do to improve.	situations. I understand the rules of the	I recognise my own and others strengths and areas for
				I can use overarm and underarm throwing, and	l can strike a bowled ball after a bounce.	game and I can apply them honestly most of the time.	development and can suggest ways to improve.
				catching skills. I work co-operatively with my group to self-manage games.	I can use overarm and underarm throwing, and catching skills with increasing	I understand there are different skills for different situations and I am beginning	I understand and can apply some tactics in the game as a batter, bowler and fielder.
				Prode to seri manage Barries	accuracy.	to use this.	
					I share ideas and work with others to manage our game.		
	(Ball Skills Unit 2)	(Striking and Fielding)	(Striking and Fielding)	(Cricket)	(Cricket)	(Cricket)	(Cricket)
Key Skills	Physical: roll, track, throw, dribble with hands, dribble with feet, kick, catch Social: co-operation, take turns, work safely, communication	Physical: underarm throw, overarm throw, catch, track, bat Social: communication, collaboration, support and encourage others, kindness	Physical: underarm throw, overarm throw, catch, track, bowl, bat Social: communication, encourage others,	Physical: underarm and overarm throwing, underarm bowling, batting, catching Social: communication, support, collaboration, respect	Physical: underarm and overarm throwing, overarm bowling, batting, two handed pick up, short barrier Social: collaboration and	Physical: deep and close catching, underarm and overarm throwing, overarm bowling, long and short	Physical: deep and close catch, underarm and overarm throw, overarm bowl, long and short barrier, batting Social: collaboration,
	Emotional: perseverance, independence, determination,	Emotional: manage emotions, honesty, perseverance Thinking: comprehension, use	collaboration Emotional: honesty,	Emotional: honesty, perseverance, determination Thinking: select and apply skills	communication, respect Emotional: perseverance, honesty, determination	barrier, batting Social: collaboration,	communication, respect Emotional: honesty,
	honesty	tactics, select and apply, decision making	perseverance, determination, acceptance	and tactics, make decisions	Thinking: observing and providing feedback, applying	communication, respect Emotional: honesty.	perseverance Thinking: observation, provide
	Thinking: comprehension, use tactics		Thinking: use tactics,		strategies	perseverance, determination	feedback, select and apply skills, tactics, assessing
			comprehension, select and apply, decision making			Thinking: observation, provide feedback, select and apply skills, tactics, assessing	

	MATUC	ENCLISH	ENCLISH	ENGLISH	ENCLISH	ENGLISH	ENGLISH
National Curriculum Links	MATHS	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH	ENGLISH
	Counting	Learning of key vocabulary: see					
	Use of direction	'Knowledge Organiser' and					
		'Vocabulary Pyramid'					
	COMMUNICATION AND	Listening to and following	Communication skills	Understand and follow	Understand and follow	Understand and follow	Understand and follow
	LANGUAGE	instructions		instructions	instructions	instructions	instructions
	Learning of key vocabulary: see	Communication skills	MATHS	Understand rules and apply	Understand rules and apply	Communication skills	Communication skills
	'Knowledge Organiser' and		Counting	them to game situations	them to game situations		
	'Vocabulary Pyramid'	MATHS	Estimating distances	Communication skills	Communication skills	MATHS	MATHS
	Answer questions to clarify	Counting	Addition			Estimating distances	Estimating distances
	learning	Addition		MATHS	MATHS	Addition	Addition
	Contribute to class discussion	Estimating distances		Addition and counting	Addition and counting		
		-		Estimating distances	Estimating distances		
	UNDERSTANDING THE WORLD	SCIENCE		5	Ū		
	Learn about different types of	Understanding changes to the					
	weather	body during exercise					
		, 6					
	PERSONAL. SOCIAL AND						
	EMOTIONAL DEVELOPMENT						
	Listen to and follow						
	instructions						
	Work with a partner and small						
	group						
	0						
	EXPRESSIVE ARTS AND DESIGN						
	Share ideas through						
	movement						
	movement				1	1	1

	EYFS	YR 1	YR 2	YR 3	YR 4	YR 5	YR 6
INVASION GAMES	I can negotiate space safely with consideration for myself and others. I follow instructions involving several ideas or actions. I play co-operatively, take turns and encourage others. I play games honestly with consideration of the rules. I show an understanding of my feelings and can regulate my behaviour. I use ball skills with developing competence and accuracy. I use movement skills with developing balance and co- ordination. (Games Unit 2)	I am beginning to dribble a ball with my hands and feet. I can change direction to move away from a defender. I can recognise space when playing games. I can send and receive a ball with hands and feet. I can use simple rules to play fairly. I move to stay with another player when defending. I recognise changes in my body when I do exercise. I understand when I am an defender and when I am an attacker.	I can describe how my body feels during exercise. I can dodge and find space away from the other team. I can move with a ball towards goal. I can sometimes dribble a ball with my hands and feet. I can stay with another player to try and win the ball. I know how to score points and can remember the score. I know who is on my team and I can attempt to send the ball to them.	Basketball I am beginning to use simple tactics. I am learning the rules of the game and am beginning to use them honestly. I can dribble, pass, receive and shoot the ball with some control. I can find space away from others and near to my goal. I can provide feedback using key words. I can track an opponent to slow them down. I understand my role as an attacker and as a defender. I work co-operatively with my group to self-manage games.	Basketball         I can delay an opponent and help to prevent the other team from scoring.         I can dribble, pass, receive and shoot the ball with increasing control.         I can move to space to help my team to keep possession and score goals.         I can provide feedback using key terminology and understand what I need to do to improve.         I can use simple tactics to help my team score or gain possession.         I share ideas and work with others to manage our game.         I understand the rules of the game and I can use them often and honestly.	Basketball I can communicate with my team and move into space to keep possession and score. I can dribble, pass, receive and shoot the ball with some control under pressure. I can identify when I was successful and what I need to do to improve. I can use tracking and intercepting when playing in defence. I understand the need for tactics and can identify when to use them in different situations. I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different	Basketball I can create and use space to help my team. I can dribble, pass, receive and shoot the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly. I can use the rules of the game honestly and consistently. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve.
				Tag Rugby I am learning the rules of the game and I am beginning to use them to play honestly. I can communicate with my team and move into space to help them. I can defend an opponent and attempt to tag them. I can move with a ball towards goal with increasing control. I can pass and receive the ball with some control. I can provide feedback using key words. I understand my role as an attacker and as a defender. I work cooperatively with my group to self-manage games.	Tag Rugby I can delay an opponent and help prevent the other team from scoring. I can explain what happens to my body when I exercise and how this helps to make me healthy. I can help my team keep possession and score tries when I play in attack. I can pass and receive the ball with increasing control. I can provide feedback using key terminology and understand what I need to do to improve. I can use simple tactics to help my team score or gain possession. I share ideas and work with others to manage our game. I understand the rules of the game and I can use them often and honestly.	situations and I am beginning to apply this. Tag Rugby I can communicate with my team and move into space to keep possession and score. I can identify when I was successful and what I need to do to improve. I can pass and receive the ball with some control under pressure. I can tag opponents and close down space. I know what position I am playing in and how to contribute when attacking and defending. I understand the need for tactics and can identify when to use them in different situations.	I understand when to use different styles of defence in game situations. Tag Rugby I can create and use space to help my team. I can pass and receive the ball with increasing control under pressure. I can select the appropriate action for the situation and make this decision quickly. I can tag opponents individually and when working within a unit. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.

				Hockey I am beginning to use simple tactics. I am learning the rules of the game and am beginning to use them honestly. I can dribble, pass, receive and shoot the ball with some control. I can find space away from others and near to my goal. I can provide feedback using key words. I can track an opponent to slow them down. I understand my role as an attacker and as a defender. I work co-operatively with my group to self-manage games.	Hockey I can delay an opponent and help to prevent the other team from scoring. I can dribble, pass, receive and shoot the ball with increasing control. I can move to space to help my team to keep possession and score goals. I can provide feedback using key terminology and understand what I need to do to improve. I can use simple tactics to help my team score or gain possession. I share ideas and work with others to manage our game. I understand the rules of the game and I can use them often and honestly.	I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to apply this. Hockey I can communicate with my team and move into space to keep possession and score. I can dribble, pass, receive and shoot the ball with some control under pressure. I can dientify when I was successful and what I need to do to improve. I can uter tracking, tackling and intercepting when playing in defence. I know what position I am playing in and how to contribute when attacking and defending. I understand the need for tactics and can identify when to use them in different situations. I understand the rules of the game and I can use them most of the time to play fairly and honestly. I understand there are different skills for different situations and I am beginning	I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve. Hockey I can create and use space to help my team. I can dribble, pass, receive and shoot the ball with increasing control. under pressure. I can select the appropriate action for the situation and make this decision quickly. I can use the rules of the game consistently to play honestly and fairly. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can work in collaboration with others so that games run smoothly. I recognise my own and others strengths and areas for development and can suggest ways to improve.
Key Skills	Physical: run, change direction, throw, catch, strike Social: communication, help others, respect, take turns, co- operation Emotional: perseverance, honesty, determination, manage emotions Thinking: comprehension, decision making, select and apply, reflection	Physical: dribble, throw, catch, kick, receive, run, jump, change direction, change speed Social: supporting others, communication, co-operation, kindness Emotional: perseverance, confidence, honesty Thinking: comprehension, identifying strengths and areas for development, select and apply	Physical: dribble, throw, catch, kick, receive, run, jump, change direction, change speed Social: communication, kindness, support others, co- operation, respect, collaborate Emotional: empathy, perseverance, honesty, integrity, independence Thinking: creativity, select and apply, comprehension, problem solving, provide feedback	Basketball Physical: run, jump, throw, catch, Social: working safely, collaborati Emotional: honesty, determinatic Thinking: exploration, identify are development, decision making, ur Tag Rugby Physical: throw, catch, run, chan Social: support others, inclusion, respect Emotional: determination, hones Thinking: decision making, comp reflection, identify strengths and	on, support and encourage others on, perseverance as of strength and areas for se tactics, reflection ge direction, change speed communication, collaboration, ty, independence, perseverance rehension, select and apply,	to apply this. Basketball Physical: run, jump, throw, catch, dribbi Social: collaboration, communication, c Emotional: honesty and fair play, confid Thinking: reflection, decision making, se provide feedback, identify areas of street Tag Rugby Physical: throw, catch, run, change dire Social: communication, support others, Emotional: honesty and fair play, confid Thinking: decision making, comprehens areas for development, plan	o-operation, respect lence, persevere lect and apply, use tactics, observe and ngth and areas for development ction, change speed collaboration ence, determination, trust

				Hockey Physical: dribble, pass, receive, intercept, run, shoot Social: communication, collaboration, work safely, respect Emotional: honesty, perseverance, determination Thinking: decision making, select and apply, comprehension, identifying strengths and areas for development	Hockey Physical: dribble, pass, receive, tackle, intercept, run, shoot Social: communication, collaboration, respect, support others Emotional: perseverance, honesty and fair play, determination Thinking: identify areas of strength and areas for development, select and apply, decision making, comprehension, reflection
National Curriculum Links	MATHS       ENGLISH         Counting       Learning of key vocabulary:         Use of direction       see 'Knowledge Organiser' and 'Vocabulary Pyramid'         COMMUNICATION AND       Listening to and following instructions         LANGUAGE       Communication skills         Learning of key vocabulary:       communication skills         see 'Knowledge Organiser' and 'Vocabulary Pyramid'       MATHS         Answer questions to clarify       Counting         learning       Counting         Contribute to class discussion       Estimating distances         PERSONAL, SOCIAL AND       Estimating distances         Work with a partner and in small groups       small groups         Listen to and follow       instructions         EXPRESSIVE ARTS AND DESIGN       E	ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Listening and following instructions Communication skills MATHS Counting Estimating distances	Basketball         ENGLISH         Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid'         Understand and follow instructions         Communication skills         MATHS         Addition and counting         Estimating distances         Tag Rugby         ENGLISH         Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid'         Understand and follow instructions         Communication skills         MATHS         EARTHS         MATHS         Evolary Pyramid'         Understand and follow instructions         Communication skills         MATHS         Estimating distances         Estimating distances         Hockey	Basketball         ENCLSH         Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid'         Understand and follow instructions         Communication skills         MATHS         Estimating distances         Addition         Tag Rugby         ENGLSH         Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid'         Understand and follow instructions         Communication skills         MATHS         Hockey	
	Share ideas through movement UNDERSTANDING THE WORLD Learn about different environments around the world Identify climates and animals around the world			ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Understand and follow instructions. Communication skills MATHS Addition Estimating distances	ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Understand and follow instructions. Communication skills MATHS Addition Estimating distances

	EYFS	YR 1	YR 2	YR 3	YR.4	YR S	YR 6
OUTDOOR				I am developing map reading skills.	I can accurately follow and give instructions.	I am inclusive of others and can share job roles.	I am inclusive of others, can share job roles and lead when necessary.
ADVENTUROUS ACTIVITIES				I can follow and give instructions.	I can confidently communicate ideas and listen to others.	I can navigate around a course using a map.	l can orientate a map efficiently to navigate around a
Role models				I can listen to and am accepting of others' ideas.	I can identify key symbols on a map and use a key to help navigate around a grid.	l can orientate a map confidently.	course. I can pool ideas within a group,
Bear Grylls				I can plan and attempt to apply strategies to solve problems.	I can plan and apply strategies to solve problems.	I can reflect on when I was successful at solving challenges and alter my methods in order	selecting and applying the best method to solve a problem.
				I can reflect on when and why I was successful at solving challenges and am beginning to understand why.	I can reflect on when and why I was successful at solving challenges.	to improve. I can use critical thinking to approach a task.	I can use critical thinking skills to form ideas and strategies to solve challenges.
				I can work collaboratively with a partner and a small group.	I can work collaboratively and effectively with a partner and a small group.	I can work effectively with a partner and a small group, sharing ideas and agreeing on a team strategy.	I can work effectively with a partner and a group to solve challenges. With increasing accuracy, I can reflect on when and how I
							successful at solving challenges and alter my methods in order to improve.
Key Skills				Physical: balance, co- ordination, run at speed, run over distance	Physical: balance, run at speed, run over distance, co- ordination	Physical: balance, co- ordination, run at speed, run over distance	Physical: balance, co- ordination, run at speed, run over distance
				Social: communication, co- operation, inclusion, collaborate	Social: communication, co- operation, collaboration	Social: negotiation, communication, leadership, work safely	Social: communication, collaboration, inclusion, leadership, work safely
				Emotional: determination, trust, confidence, honesty	Emotional: determination, resilience, honesty, trust, confidence	Emotional: empathy, confidence, resilience	Emotional: confidence, honesty, trust
				Thinking: problem solving, evaluate, reflection, create, comprehension, select and apply	Thinking: problem solving, evaluation, reflection, create, select and apply	Thinking: problem solving, reflect, critical thinking, select and apply, comprehension	Thinking: evaluation, reflection, problem solving, comprehension, select and apply
National Curriculum Links				ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Understand and follow instructions Communication skills	GEOGRAPHY Read maps to navigate a course Learn to orientate a map ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid'	ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Understand and follow instructions Communication skills	ENGLISH Learning of key vocabulary: see 'Knowledge Organiser' and 'Vocabulary Pyramid' Understand and follow instructions Communication skills
				MATHS Addition Order by height and size Read symbols	Understand and follow instructions Communication skills	MATHS Addition GEOGRAPHY	MATHS Solving addition and subtraction problems
				GEOGRAPHY Read maps to navigate a course Learn to orientate a map	MATHS Solve logic problems	Read maps to navigate a course Learn to orientate a map Identify symbols on a key Work with scale Use cardinal points	GEOGRAPHY Reading maps to navigate around a course Learning how to orientate a map

	EYFS	YR 1	YR <sub>2</sub>	YR 3	YR 4	YR 5	YR 6
SWIMMING Role models				I can swim competently, confidently and proficiently over a distance of at least 25 metres	I can swim competently, confidently and proficiently over a distance of at least 25 metres	I can swim competently, confidently and proficiently over a distance of at least 25 metres	I can swim competently, confidently and proficiently over a distance of at least 25 metres
Adam Peaty				I can use a range of strokes effectively (for example, front crawl, backstroke and breaststroke] I can perform safe self-rescue	I can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] I can perform safe self-rescue	I can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] I can perform safe self-rescue	I can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] I can perform safe self-rescue
				in different water-based situations	in different water-based situations	in different water-based situations	in different water-based situations
Key Skills				<ul> <li>Physical: submersion, float, glide, front crawl, backstroke, breaststroke, rotation, scull, tread water, handstands, surface dives, H.E.L.P and huddle position</li> <li>Social: communication, support and encourage others, keep myself and others safe, collaboration,</li> <li>Emotional: confidence, honesty, determination, independence, perseverance</li> </ul>		Physical: rotation, scull, tread water, glide, front crawl, backstroke, breaststroke, surface dives, float, huddle and H.E.L.P. position Social: support others, work safely, inclusion, communication, collaboration	
						Emotional: determination, work fairly, honesty, confidence, perseverance	
				Thinking: comprehension, observe and provide feedback,		Thinking: comprehension, creativity, make decisions, tactics	